The John A. Hartford Business Innovation Award: 2023 Recipients Speak About Their Innovative Health Care Contracts And Partnerships

September 26, 2023





Webinar Instructions

Audio Options

- Use your computer speakers, **OR** dial in using the phone number in your registration email.
- All participants are muted.

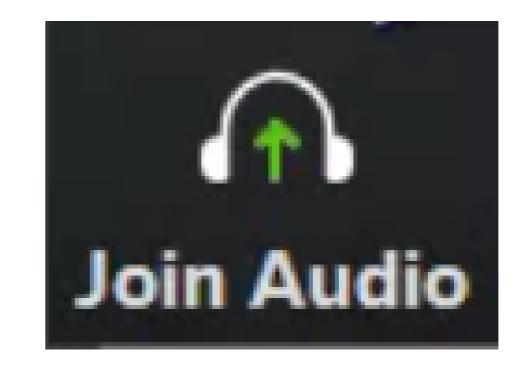
Questions and Answers (Q&A)

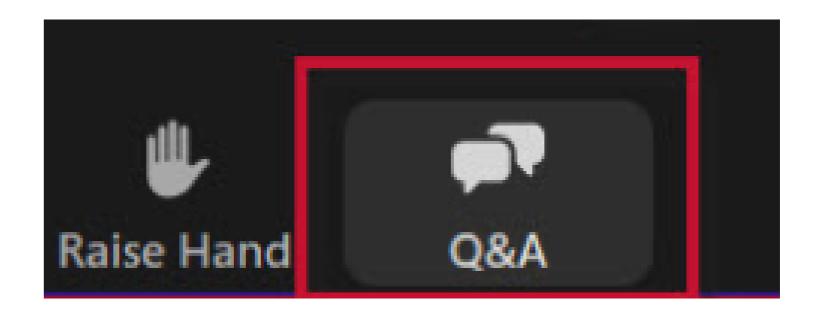
 You can submit questions for the panelists at any time during this presentation. On the Zoom module on the bottom of your screen, click the Q&A icon, type your question in the box and submit.

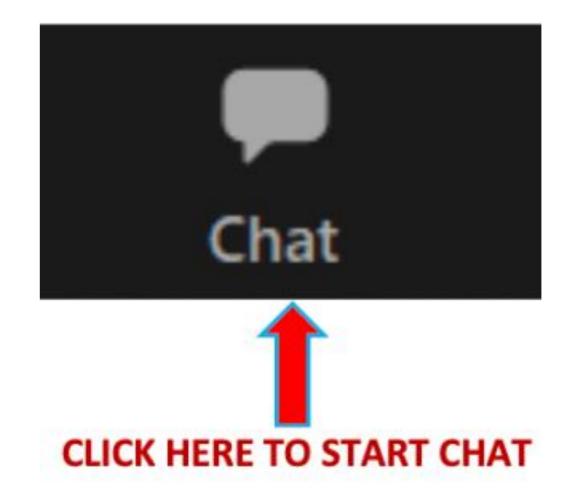
Chat Feature

 The Chat feature allows webinar attendees, the host, co-hosts and panelists to communicate for the duration of the webinar.









Accessibility

- Screen Reader Users: Reduce unwanted chatter
 - Request speech on demand: Insert, Spacebar, "S"

- To get our attention if you need tech assistance:
 - Raise or Lower Hand: Alt + Y





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September 26, 2023

Jane Carmody, DNP, MBA, RN, FAAN

Senior Program Officer
The John A. Hartford Foundation







Runners Up:

Central Ohio Area Agency on Aging Region IV Area Agency on Aging

Strengthening Aging Services



Aging and Disability Business Institute
Building business capacity of communitybased organizations to adapt to changing
health care environment

- Resource library and evidence bank
- Organizational assessment tools
- Spreading success stories
- The John A. Hartford Foundation Business Innovation Award





aginganddisabilitybusinessinstitute.org

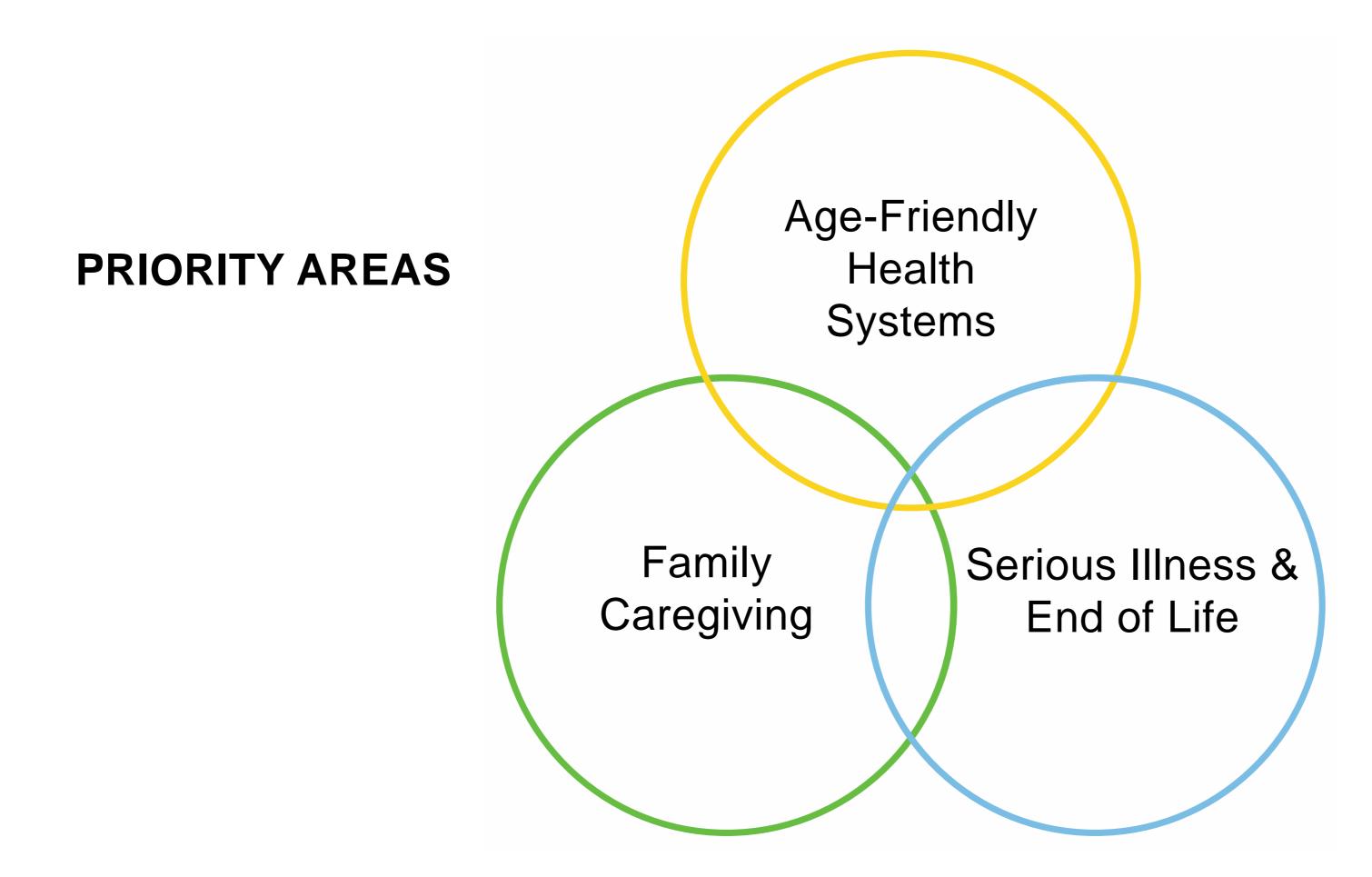






Mission

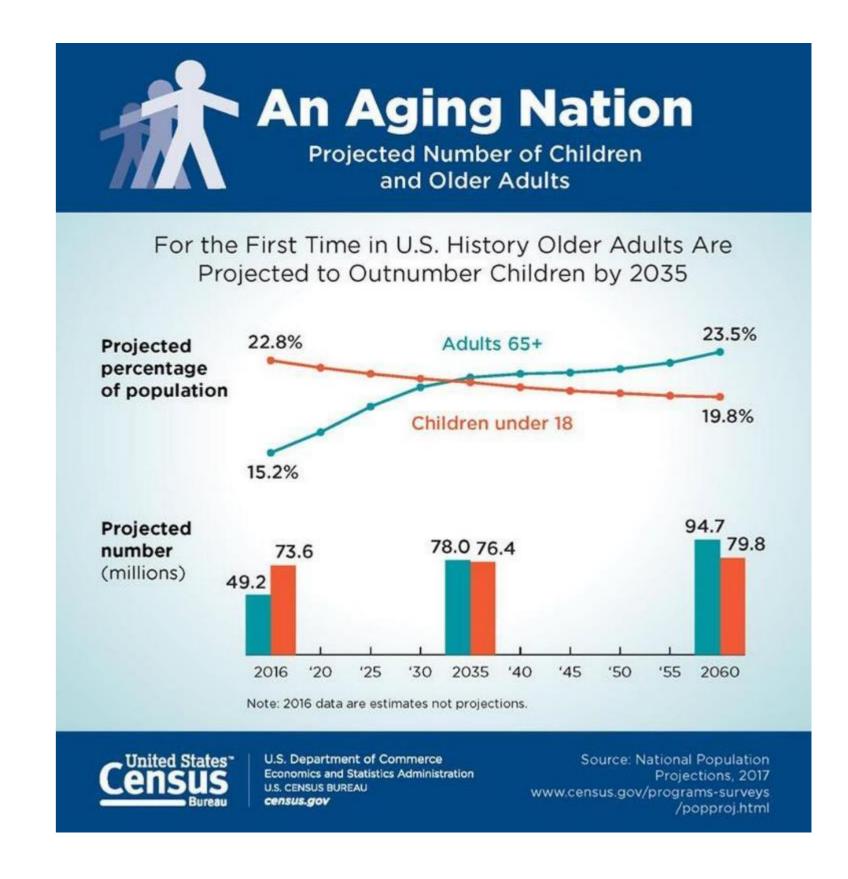
DEDICATED TO IMPROVING THE EQUITABLE CARE OF OLDER ADULTS



Planning for the Future: We Need Age-Friendly Solutions



- Demography: # of older adults is rapidly growing and becoming more diverse
- Complexity: multiple chronic conditions, dementia, disability, social isolation, social determinants of health
- Disproportionate Harm: higher rates of health care-related harm, discoordination, poor preparation for disasters



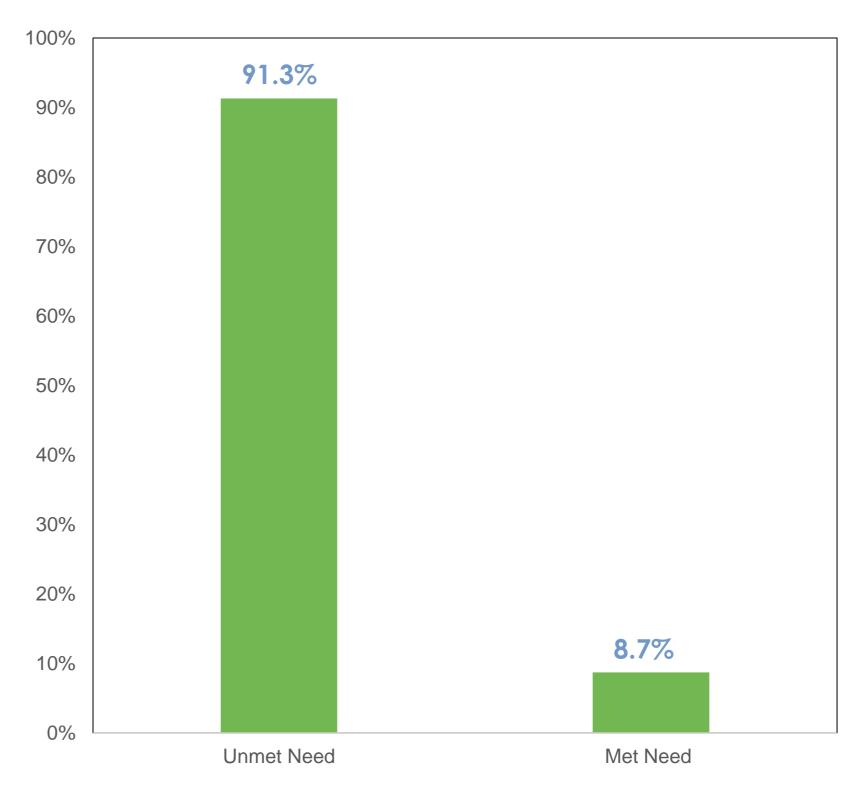


The Need for Age-Friendly Health Care

Evidence-Based Care Not Reliably Applied

- We have many evidence-based geriatric-care models that have proven very effective
- Yet, most reach only a portion of those who could benefit
 - Difficult to disseminate and scale
 - Difficult to reproduce in settings with less resources
 - May not translate across care settings

Model Beneficiaries



IHI Analysis of Model Beneficiaries 2016
Met Need – 8.7%
Unmet Need – 91.3%

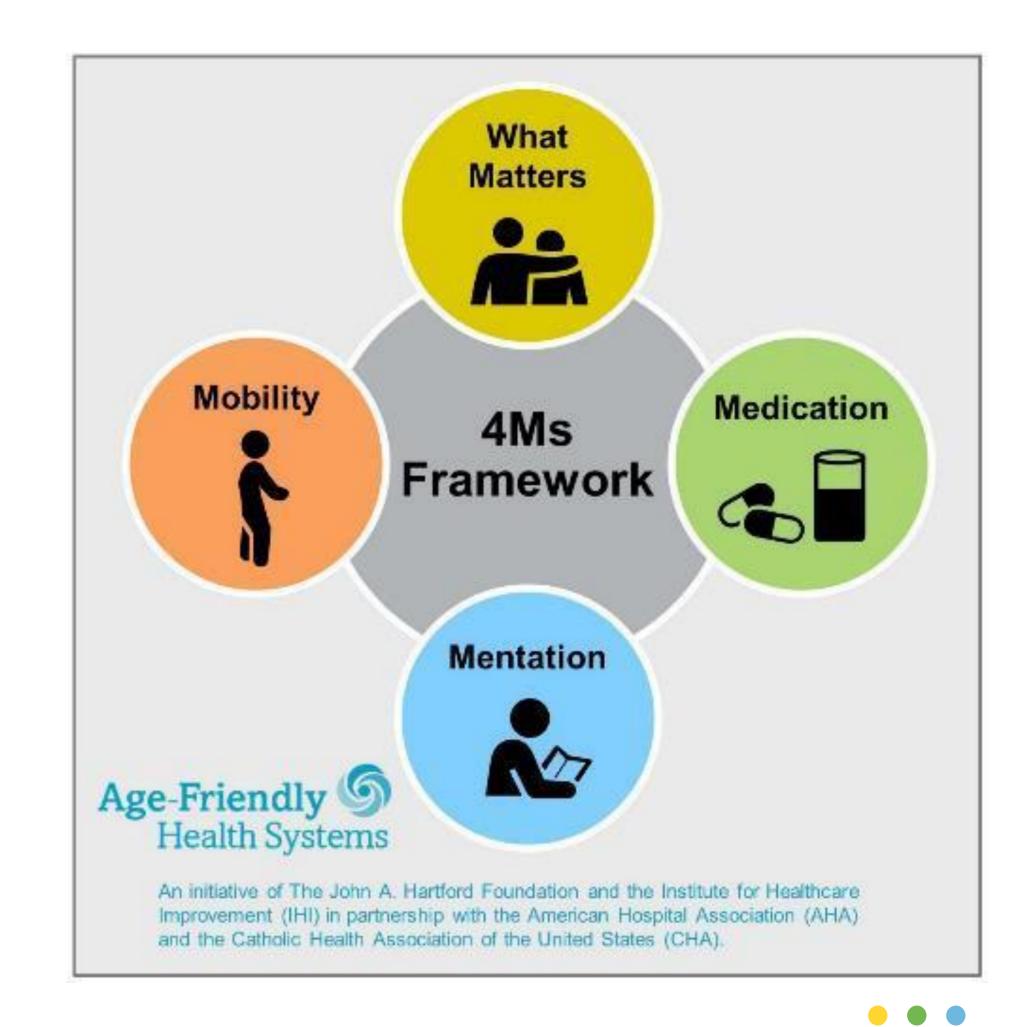




Age-Friendly Health Systems

The aim: Build a movement so *all* care with older adults is equitable age-friendly care:

- Guided by an essential set of evidencebased practices (4Ms)
- Causes no harms
- Is consistent with What Matters to the older adult and their family





Fulmer, T., Mate, K. S., & Berman, A. (2018). The age-friendly health system imperative. *Journal of the American Geriatrics Society*, *66*(1), 22-24.

Age-Friendly Health Systems







an initiative of
The John A. Hartford Foundation
and the
Institute for Healthcare Improvement
in partnership with the
American Hospital Association and
the Catholic Health Association of the
United States

IHI.org/agefriendly



A Growing Number of Stakeholders





























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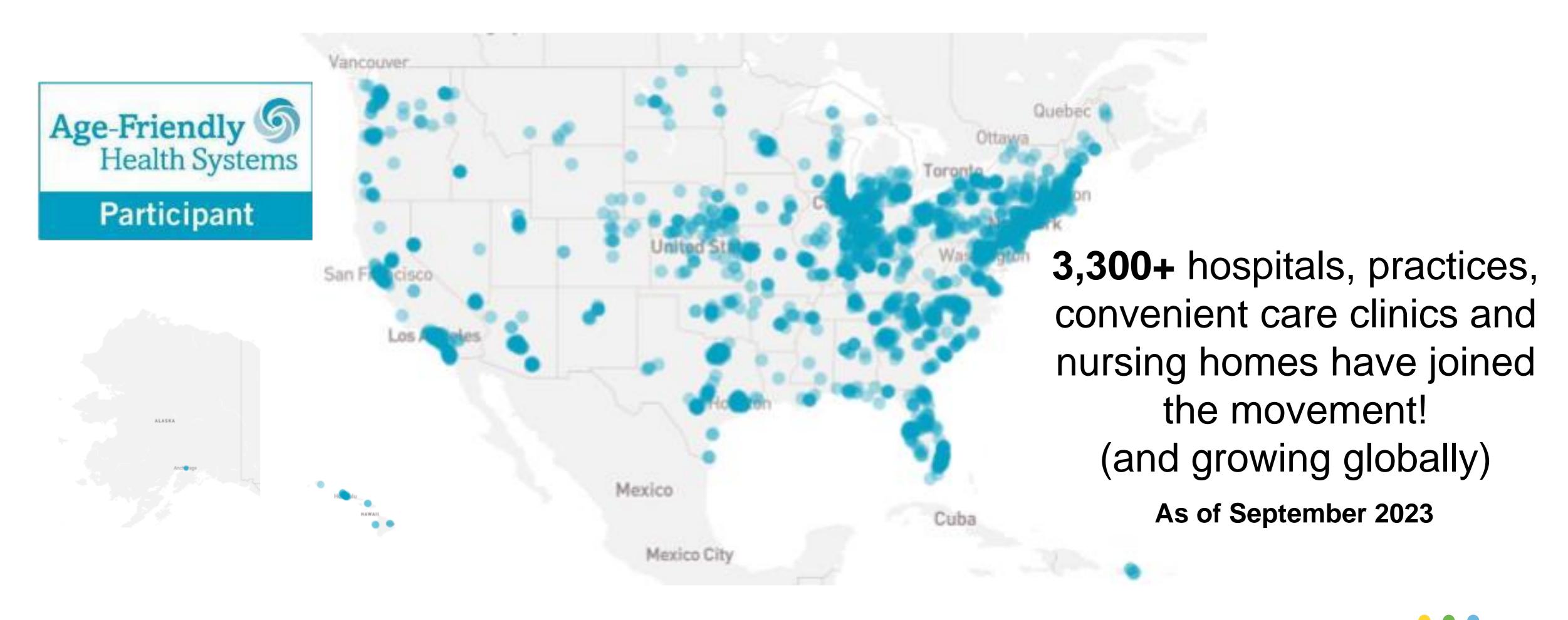






The John A. Hartford Foundation

A Growing Movement!

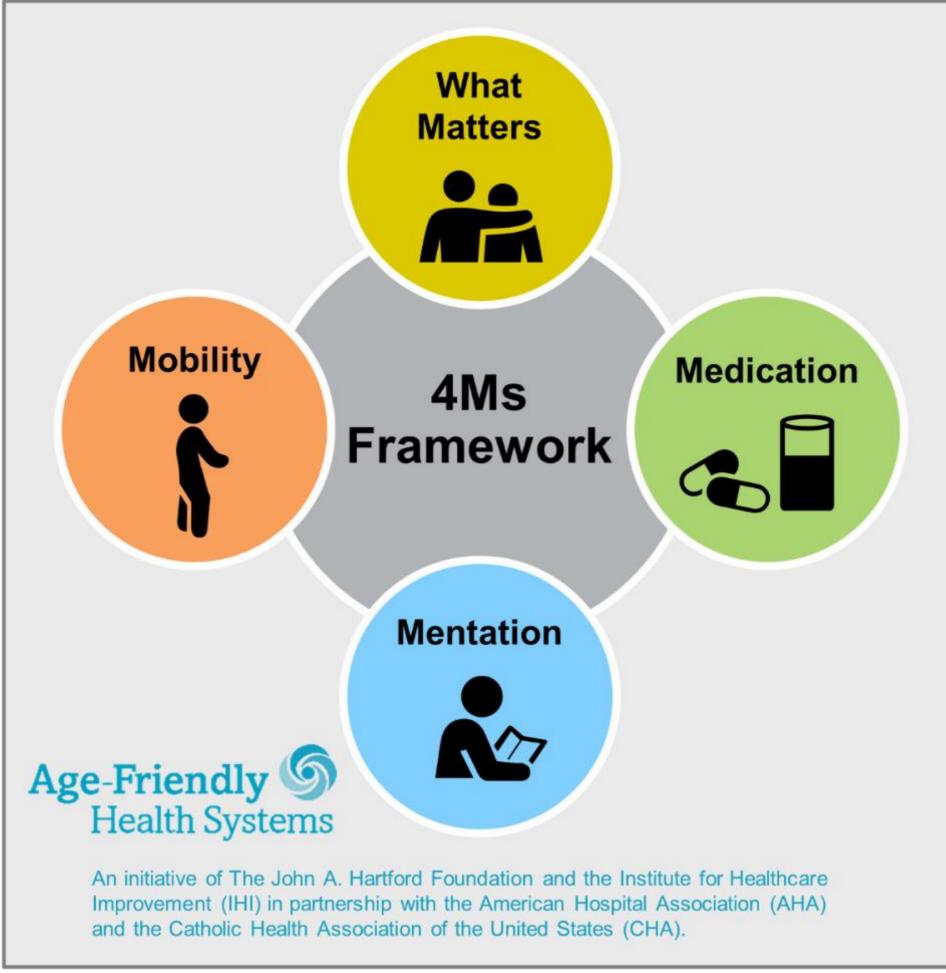


http://www.ihi.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/Background.aspx

The 4Ms of Age-Friendly Care



IHI.org/agefriendly





What Matters

Know and align care with each older adult's specific health outcome goals and care preferences including, but not limited to, end-of-life care, and across settings of care.

Medication

If medication is necessary, use Age-Friendly medication that does not interfere with What Matters to the older adult, Mobility, or Mentation across settings of care.

Mentation

Prevent, identify, treat, and manage dementia, depression, and delirium across settings of care.

Mobility

Ensure that older adults move safely every day in order to maintain function and do What Matters.





Other Age-Friendly Clinical Programs and Resources – In the ED and OR



 Geriatric ED Collaborative – training and educational resources, join as a member gedcollaborative.com



- Geriatric ED Accreditation meet standards and receive recognition from American College of Emergency Physicians in 3 levels <u>acep.org/geda</u>
- Geriatric Surgery Verification meet standards and be verified by American College of Surgeons facs.org/quality-programs/geriatric-surgery







Age-Friendly Health Care in the Home



 Hospital at Home – join Users Group to help you adopt model <u>hahusersgroup.org</u>

Hospital at Home
USERS GROUP

 Home-Based Primary Care – get training from Home Centered Care Institute (<u>hccinstitute.org</u>), improve QI in National Learning Network

HOME CENTERED CARE
INSTITUTE

(<u>improvehousecalls.org</u>), join American Academy of Home Care Medicine provider directory (<u>aahcm.org</u>)







Age-Friendly Care for People Living with Dementia, Serious Illness, Multiple Chronic Conditions



 Alzheimer's and Dementia Care Program – nurse practitioner led model started at UCLA, EDC helping to spread to systems <u>adcprogram.org</u>



 Center to Advance Palliative Care – clinical training and resources <u>capc.org</u>



 Patient Priorities Care – helps coach older adults and health care providers on asking and acting on What Matters <u>patientprioritiescare.org</u>



Age-Friendly Public Health Systems

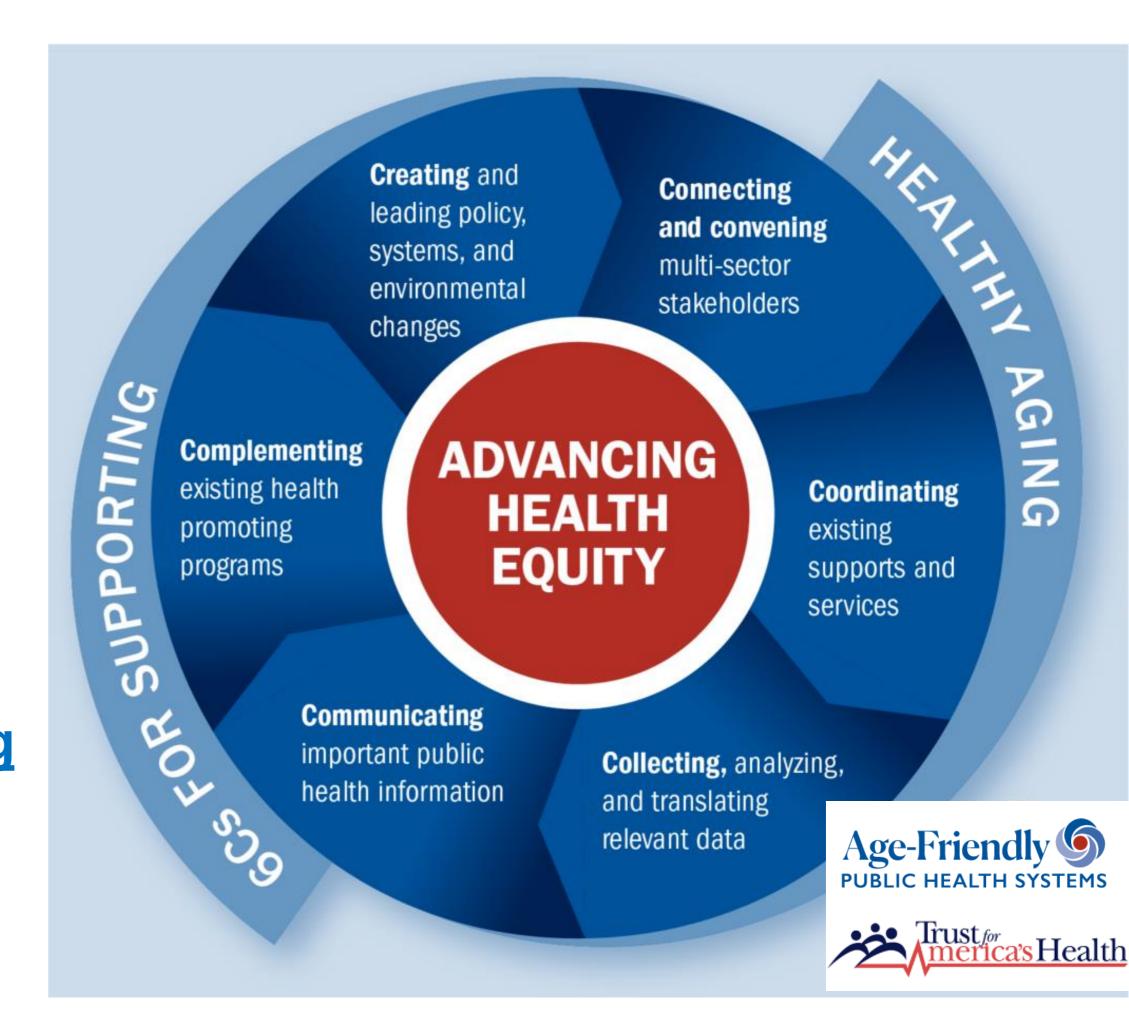


Trust for America's Health & JAHF partnered to create **Age-Friendly Public Health Systems**:

- Working with state and local health departments – in partnerships with aging services and health care
- 6Cs Framework for healthy aging
- Recognition Program
- Free monthly trainings



afphs.org



Countering Ageism



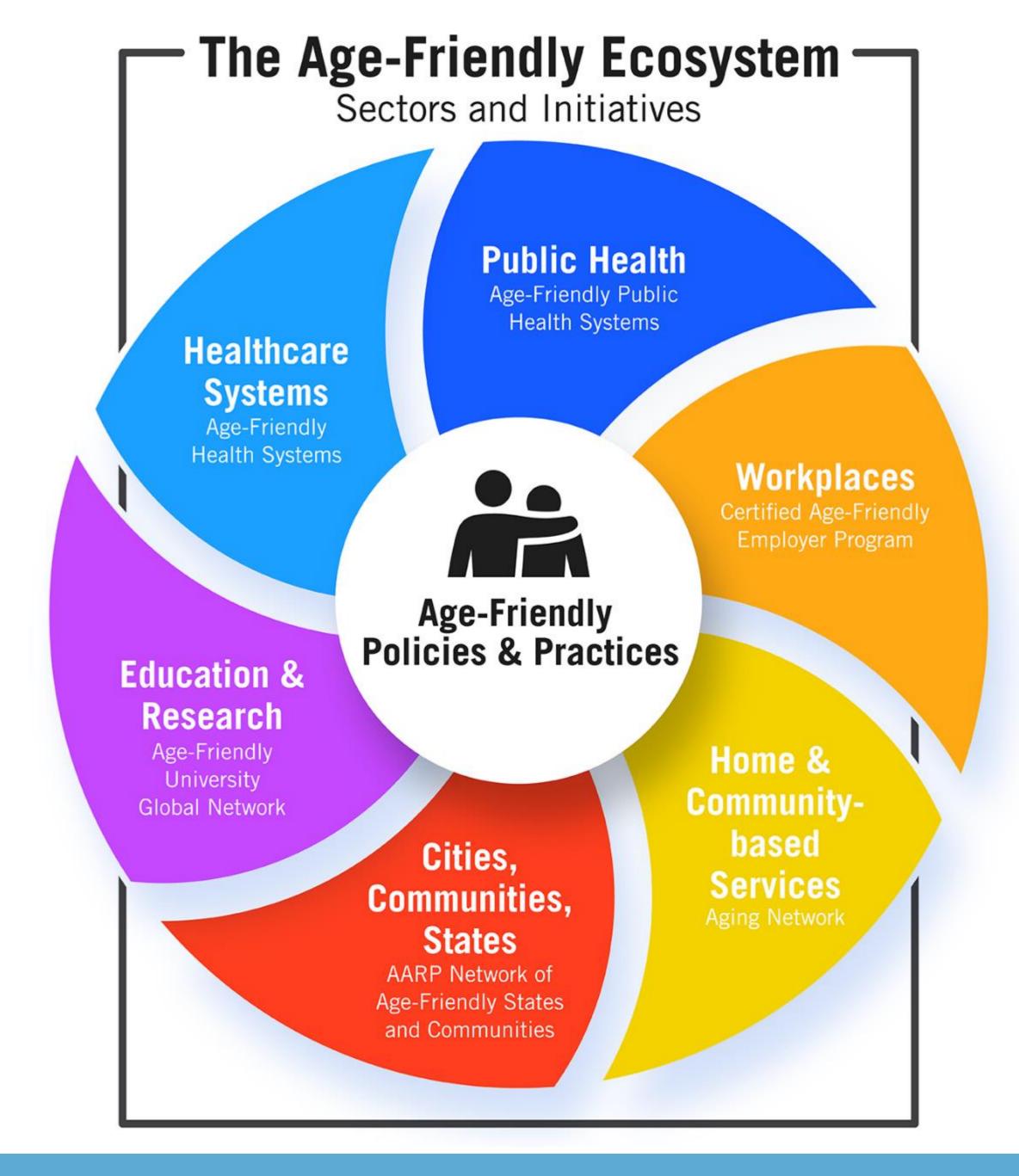
- Longevity is one of our greatest success stories
- Yet, **ageism** gets in the way of realizing benefits:
 - Is unjust, and has negative impact on health
- Need to redefine aging by emphasizing:
 - "We" are all aging (not "they" and "them")
 - Aging is accumulation of experience and knowledge, a natural progression (not something to be fixed)
 - Ageism contributes to inequity, and intersects with other forms of discrimination



ReframingAging.org

We All Need an Age-Friendly Society

- Longevity is greatest success story of last century
- As we age, we can make vital contributions and power up communities – with support
- A just society requires us to make all sectors age-friendly



Age-Friendly Solutions for All

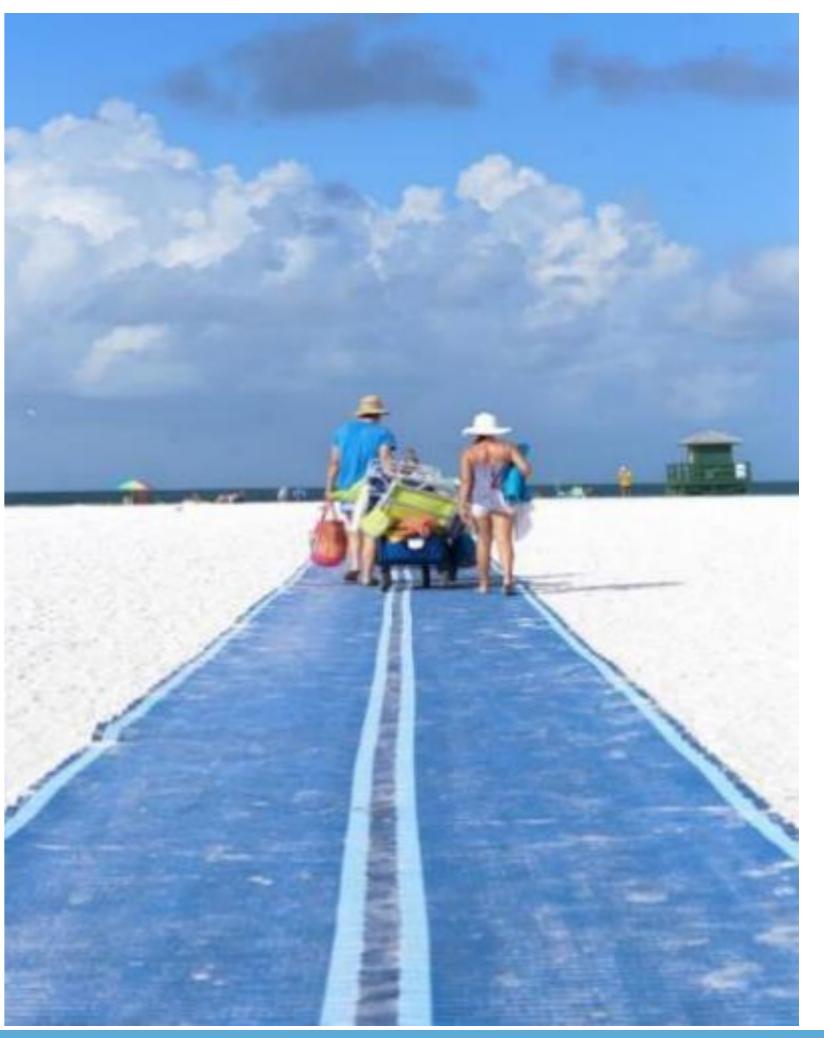














SOCIAL DETERMINANTS OF HEALTH ACCELERATOR PROGRAM



OUR FOUNDATION, WE WILL PAVE THE WAY FOR THE FUTURE OF MEETING HEALTH EQUITY THROUGH SOCIAL CARE AND INNOVATION 37

THE PARTNERS (*CURRENT TO 9.2023)

Financial support + Inclusive codesign= innovation







PRODUCT LAUNCH TIMELINE

JULY 2022

SEPT 2022

OCT-DEC 2022

MARCH 2023

SEPT 2023

Idea generation Concept pitch

Planning

Strategy

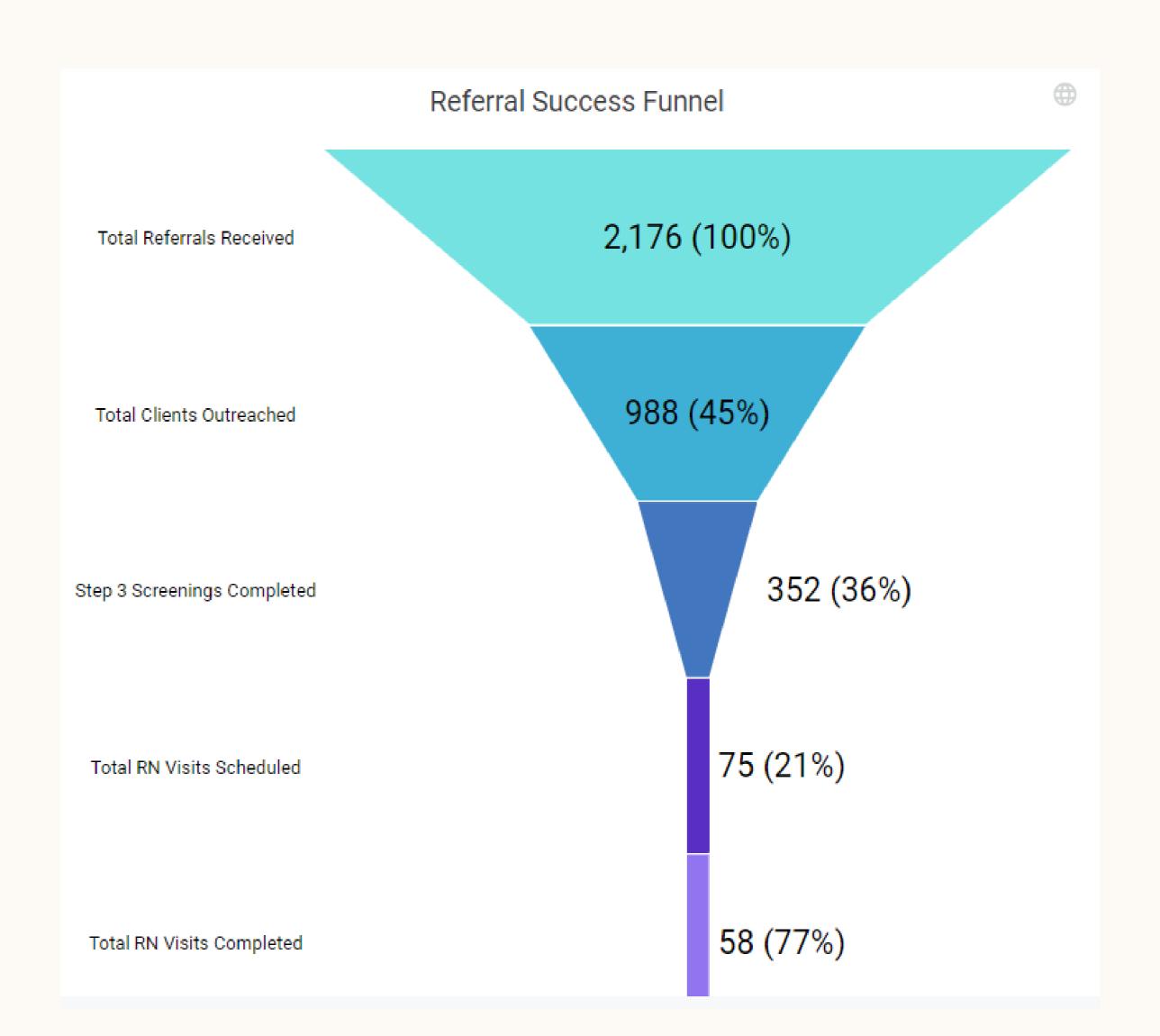
Co-design Product

> Iterative process

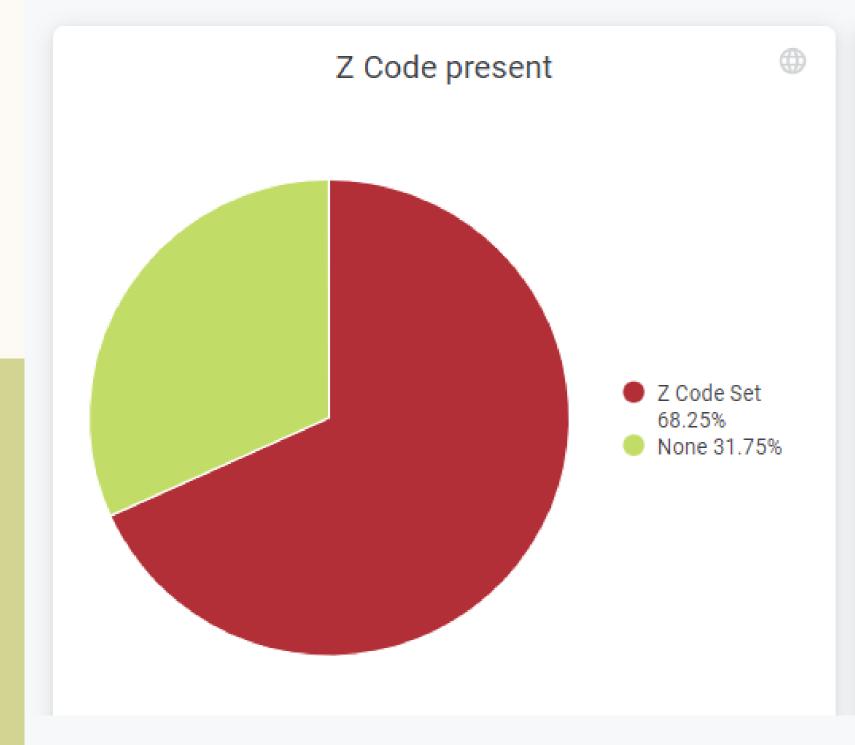
Program launch

Product and process operationalized

KEY METRICS



KEY METRICS





TALKING ABOUT SOMETHING THAT MIGHT NOT FIT WITH WHAT WE ACTUALLY "DO" BUT COULD SIGNIFICANTLY BENEFIT OUR CONSUMERS. 39



Social Care: The Future of Health Equity **COAAA SDoH Accelerator Program**



SDOH SCREENING

One of a kind screening tool

using trauma informed care

and motivational interviewing

OUTREACH

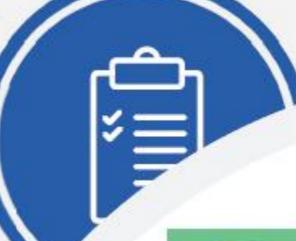
Meeting members where they are, building trust and impacting change

INNOVATION

Developing unique interventions to meet the needs of the Central Ohio community

SOCIAL CARE CLINICIANS

Skilled in engaging and connecting with members of our community.





Closing the loop with reporting to CMs, PCPs and stakeholders, pre and post screenings of interventions





THANK YOU

Katie M. White Director kwhite@coaaa.org

Melissa Gualtieri
Director of Clinical Innovations
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www.coaaa.org

HEALTH CARE CONTRACTING

Community of Care:

Addressing health related social needs (HRSN) through the integration of social care and medical care in a Primary Care First practice & Rural Health Clinic.







Christine Vanlandingham

CEO

Region IV Area Agency on Aging cvanlandingham@areaagencyon aging.org

The John A. Hartford Foundation

2023 RUNNER UP







WHO WE ARE:

Contract/Partnership:

- Embeds AAA social care clinicians in medical care teams to address complex care needs of older adults
- Targets patients age 60+ with complexity score of 14+; high utilizers of ED and inpatient services
- Two contracts
 - Rural Health Clinic –
 FFS contractual relationship
 - Primary Care First practice –
 FFS shared vision to move to
 value-based up-side/down side risk-based contract



Offering Choices for Independent Lives

At our core, we are here to ensure that older adults and people with disabilities can live life as independently as possible in the setting of their choice.

What guides us.

Mission: Offering Choices for Independent Lives

Vision: Through choice and range of service, every aging adult lives a quality life.

Core Values:

- DignityInterdependence
- Empowerment Person-centeredness
- EquityWisdom of age
- Independence



At our core, we are here to help people be well so they can live their healthiest life possible.

What guides us.

Mission: Improve health, instill humanity and inspire hope.

Vision: A future where health is simple, affordable, equitable and exceptional.

Values:

- CompassionCuriosity
- CollaborationCourage
- Clarity

Common purpose:

Identified Issue (the need)

Seniors who have multiple chronic conditions experience some of the worst health outcomes in the region often resulting in increased disability and avoidable death.

(HBC, Aging Subcommittee)



CoC Value Expectations (goals)



Stabilized Health for Seniors who have Multiple Chronic Conditions



Right Care, Right Setting, Right Time

Reduced cost of care overall: Reduced Hospitalization & ED visits, Increased Primary Care



Increased Caregiver and Social Support



Sustainability through Establishment of Payment Model (Contracts executed)

Health and social care integration Corewell Area Agency on Aging, Inc. Area Agency on Aging, Inc Organizations (CBOs)

SHARED VISION:

Integrate social care into the delivery of health care and unify the efforts of both medical and home & community-based organizations to improve health & reduce health care cost for older adults with complex care needs.

ALIGNED OBJECTIVES:

Better health (reduced ED/inpatient utilization)

Driving care to the right setting (increased primary care utilization)

Improved patient experience

Connectivity to community-based services/resources

Maintenance of independence

Support for caregivers

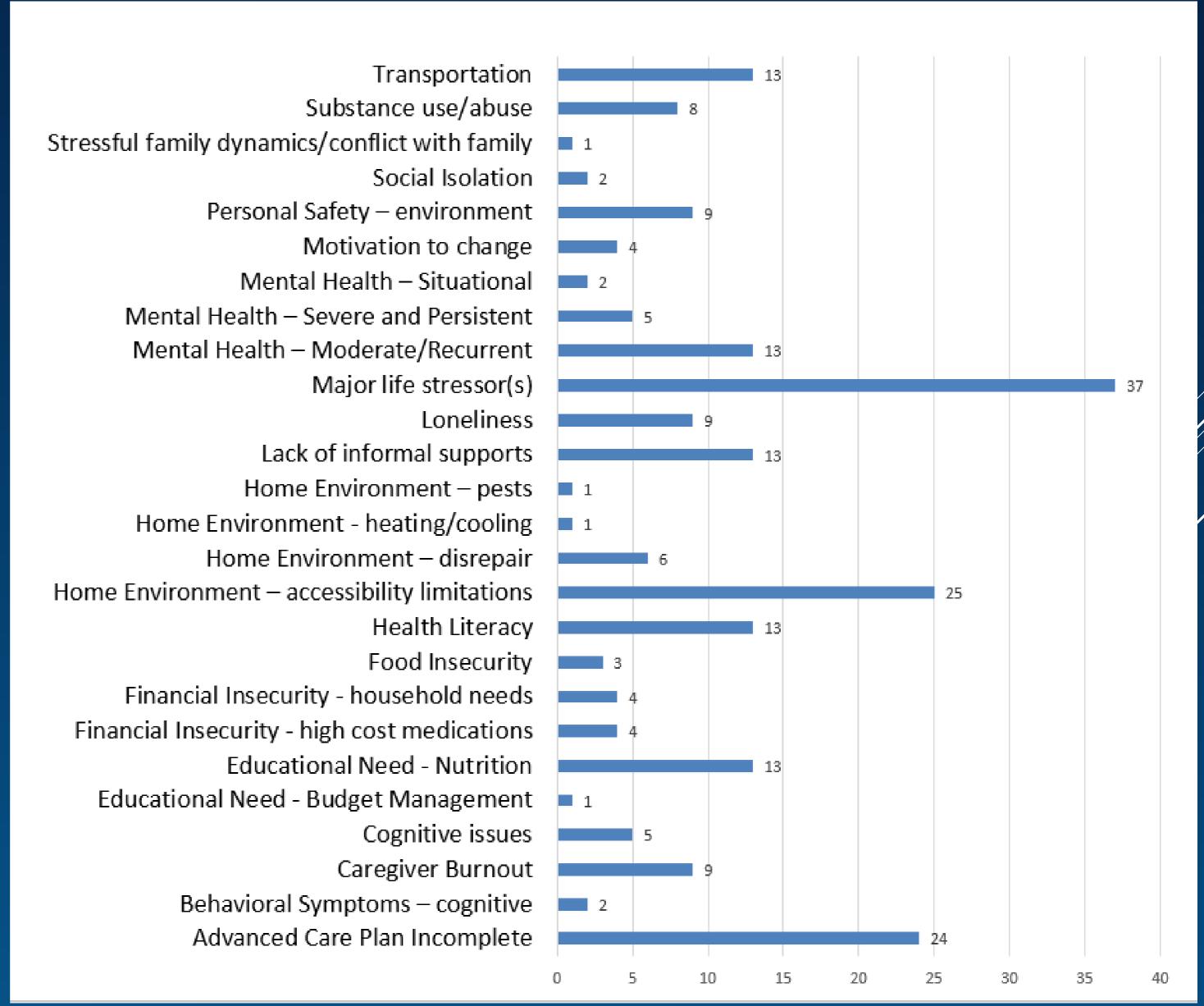
Tapping a network of Community-Based Organizations to resolve barriers



Top Three Categories of SDoH Barriers for CoC patients:

Mental Health = 57 Home Environment = 33 Food/Nutrition Education = 16

[ACP incomplete = 24]



Results:

Improved Health – Lower Costs

CoC patients enrolled at least 6 months:

- 86% reduction in unplanned inpatient hospital stays
- 63% reduction in ED to inpatient
- 80% reduction in Length of Stay
- 100% reduction in ED to nursing home





Engaged & Supported Caregivers

- 83% of CoC patients have a Caregiver.
 - 93% of Caregivers indicate they now feel supported in their caregiving role







Area Agency on Aging / HouseCalls Partnership –

Why it works

"Utilizing a care model that integrates social and medical care clinicians as one patient-centered team has generated significant value to our patients, caregivers, and care teams.

With this model, each team member has a better understanding of the patient/caregiver's goals and challenges. The care plans are enhanced with needed perspectives that improve outcomes and reduces costs."

~ Melinda Gruber, VP Continuing Care Services, Corewell Health

- Allows providers and patients to prioritize care goals and create a plan around chronic diseases that require more attention
- Utilizes subject matter experts on Health-Related Social Needs in order to achieve disease related goals – Longitudinal care plan
- Provides for a more pro-active and tailored (personalized) approach to complex needs
- Improves patient / care giver satisfaction
- Reduces TPCC by efficient use of community-based services, and reducing inpatient and emergency department utilization, SNF admission and outpatient services
- Increases touch points with patients
- Expands the team for team-based care
- Reimburses team for non-face to face work
- Improves quality outcomes

Current State

Fee For Service Billable Codes

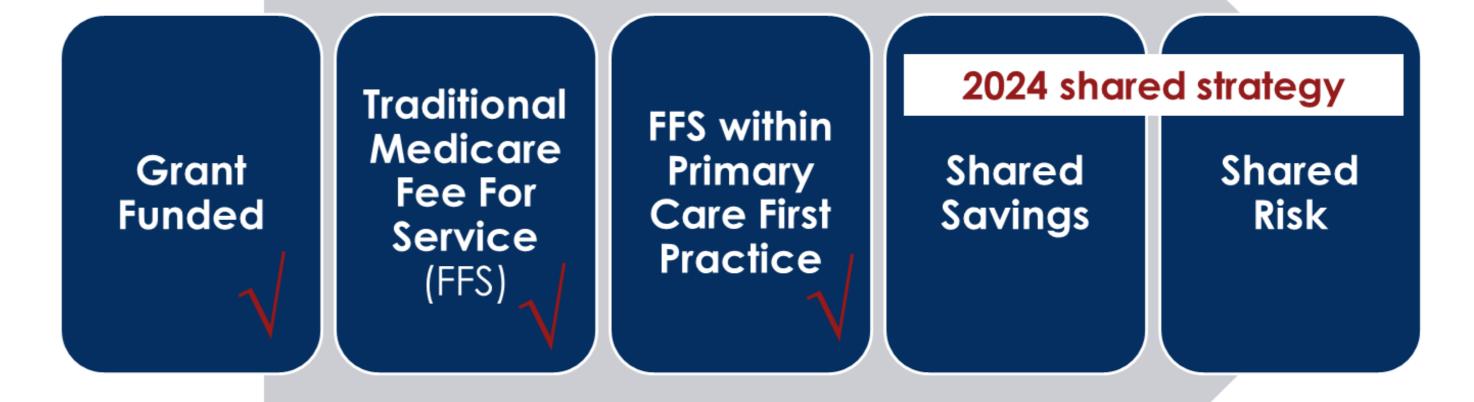
Billing Code	Code Description	Summary Requirements		
HCPCS G0506	Comprehensive Assessment & Care Planning	 Patient enrolled in person Systematic assessment & care planning personally performed by the billing provider Add-on code to the standard E&M code (99212-99215), AWV or IPPE initiating visit 		
CPT 99490	Standard CCM	 20+ minutes of care management outside of office visits performed by clinical staff Care plan established and regularly reviewed 		
CPT 99439 (New in 2021)	Non-complex Add-on	 Additional 20 minutes of "non-complex" CCM Reportable up to 2x per month (after 99490) 		
CPT 99487	Complex CCM	 60+ minutes of care management outside office visits Care plan created and/or significantly revised 		
CPT 99489	Complex Add-on	 Billed incrementally for each additional 30 minutes spent beyond the first 60 minutes for Complex CCM case 		





Where we're going:

From Fee-For-Service to Value-Based Payment







Western New York Integrated Care Collaborative

Community Integrated Health Network: since 2016 WNYICC is the Community Care Hub of the Network

55 Network Members

2 County Departments of Health

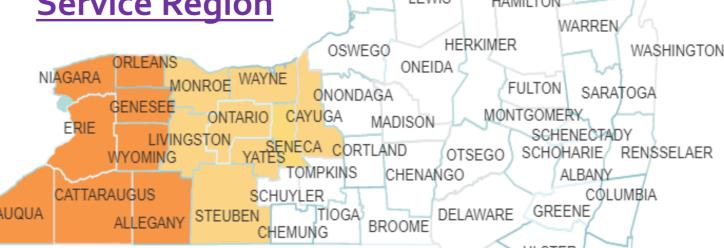
1 Independent Living Agency (ILCs)

8 Area Agencies on Aging (AAAs)

44 Social Care Agencies (non-profits)

More information: wnyicc.org







Nikki Kmicinski Executive Director





New York



FRANKLIN

ST. LAWRENCE

WNYICC Contracts with Health Care Payers

Contract Types	No. of Contracts	No. of Lives in plans
Medicare Advantage	15+	96,373+
Medicare FFS in NY	Provider & Supplier	180,000+
Managed Medicaid (MCOs) WNY	5+	320,000+
Medicaid FFS in WNY	Supplier	300,000+
Commercial Plans	5	200,000
Total	25+	1,096,373+ Western New York Integrated Care Collaborative

Program Need





Independent Health needed to address the health-related social needs of their members.

Any benefits they offer must be available to all beneficiaries.

Needed an efficient option to partnering with multiple community-based organizations for multiple programs







Programs Contracted / MA Funding Mechanism





Program	Funding Mechanism for IH		
Post-Discharge Meal Delivery Program	Supplemental Benefit		
Community Health Coaching	Program, extension of IH case management		
Healthy IDEAS	Program, extension of IH BH case management		
Falls Prevention	Supplemental Benefit		
Caregiver Support	Program, extension of IH case management		
Diabetes Prevention Program	Medicare Part B Benefit		
Diabetes Self-Management Training	Medicare Part B Benefit		
Medical Nutrition Therapy	Medicare Part B Benefit (i.e. DM/CKD) & added Supplemental Benefit for any other diagnosis		

Key Metrics





Healthy IDEAS Outcomes: 2022

- > **85%** of participants PHQ9 or UCLA Loneliness improve score by 15%
- > 76% of participants increased their physical and/or social activity through the program.
- > 57 referrals made to clinical providers: PCP, Mental Health providers or Registered Dietitians.

Post-Discharge Meals Program - 2022

- 695 Participants received meals
- 18,094 meals delivered
- 73% report that receiving the meals helped prevent a re-admission.
 Medical Nutrition Therapy
- **79** Participants: Oct 22 April 2023
- 86% of completers increased vegetable intake.
- 90% made changes in eating habits
- 69% increased amount of physical activity
- **70%** of those "At risk for malnutrition" improved to "Normal nutrition status".







Key Metrics





Community Health Coaching

> Average 8 Goals/Interventions per participant

> 128 High or Medium Priority HRSN Concerns with Goals

to resolve Areas of Concern

- > 92% Resolved or In-Progress
- > 8% Incomplete

Falls Prevention Program

- 27 participants Jan- Jun 2023
- 12 developed MYMobility Plan
- 9 registered for free PERS from plan
- 20 goals set to address HRSN
- 18 goals to address falls hazards in home
- 42 goals to address scenarios which increase falls risk (ie stress, medication, physical activity)



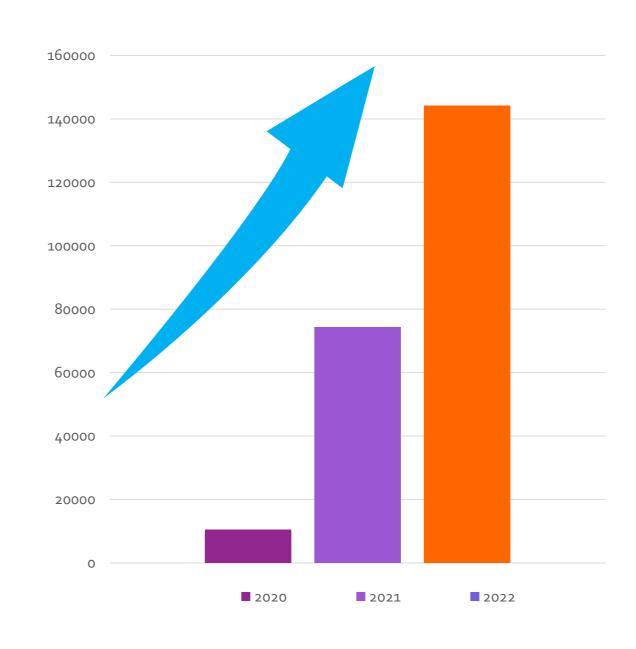
Program Delivery

- 97% of Program Delivery completed by 32 community-based organizations
- As of Jan 1 2023:

\$229,052 paid out in reimbursements to CBOs

93.9% increase in 2022

Reimbursements Paid to CBOs



Case Studies





"Joe"

- Received **Meals** and **Medical Nutrition Therapy** after an admission to the hospital.
- RD helped Joe make a plan for obtaining and preparing nutritious food for himself.
- During assessment, Joe revealed that he has had recent falls.
- RD referred him to **Falls Prevention Program** where he worked with a Falls Prevention Coach and addressed several areas of falls risk.



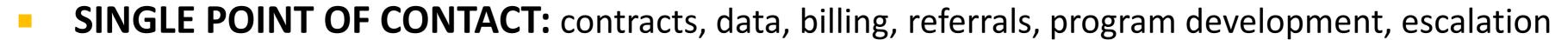
"Anita"

Western New York Integrated Care Collaborative				N SURVEY S Program	Healthy IDEAS
Your respon Your answers	Care Collaborate nses to this surv are confidential	tive to hear from y yey are very impor and will only be u	you on you tant in hel used for qu	e complete this survey to allo or experiences with the Health ping us identify opportunities nality assurance and future pro oge-paid envelope provided as	ny IDEAS Program. s for improvement.
	th 🗌 1-2 mont	ths 3-6 months	☐ Not su	re	
Yes 🗆 N	No D Not sure	IDEAS Program n	ieipea imp	rove your quality of life?	
•					
	5, How would	you rate the prof		m of your Health Coach?	
Not At All	Occasionally	Sometimes	☐ 4 Mostly	Extremely Professional	
	,		Wiostly	Extremely Professional	
Yes LI N	lo □ Not sure	Comments: M	ding af	s concerns or hardships you we for dable housing	
PULLING	19 Was 300	1 MAN SOLOOL	MCHI 5	- DOUGHAS I'M SHILLDS	ribe trainer l'velost 58
b. Please mark belo	w if you increa	sed any of the fol	lowing as	a result of participating in the	e Healthy IDEAS Program?
Increased	d engagement v	vith healthcare pr	oviders	Increased amount of phys	ical activity
□ Increased	d amount of soc	•	D. []	☐ Increased my ability to im	prove my mood
7. Which areas were Please mark all	you able to le	arn more about ti	nrough vo	w l'in Depress due to Ive I ur participation in the Health	VIDEAS Program?
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		Resources Availab	lo.	Good Mental Health N	Wonth's of three truve
	Signs of Depres		ie.	Untiler Education -Pleas	ie Describe: P
8. Please indicate if	you were you a	ble to set goals in		e topics below through your	
Healthy IDEAS Progr		rk all that apply.			
	☐ Excursions/ Community			Spiritual, Religious, and Kin	
	Physical Activity Social Activities/ Interaction with Others			Recreational and Other Lei	
Health &	Wellness	ion with Others	H	d Other Goal Types -Please D top me toget Legal A Security deposit.	escribe: id toget larck uy
9. Would you recom	mend this Heal	thy IDEAS Program	m to othe	s? Security deposit.	rom my old Apart went.
10. Do you have any ☐ Yes ☑ No	recommendation Not sure C	ions for improven omments:	nent to the	e Healthy IDEAS Program?	
11. How did you mos Comments:	st benefit from	participating in the	ne Healthy	IDEAS program?	dem with the city ap

Thank You for Completing this Important Survey! We value your feedback.

What Makes this Partnership Unique?

- LOCAL: 50+ local, trusted Community-Based Organizations
 - Independent Health values local partnership
 - Local CBOs know our community and community needs
 - Community knows and trusts the local CBOs



- **REGIONAL:** able to reach all IH members/ beneficiaries
- **TRUST:** In-Person Safety Check -Meals program / In-Home interventions -trusted, recognized CBOs
- **FLEXIBILITY:** to co-develop programs

Joint Operating Committee/ Workgroup

Meets Weekly to discusses the following for each program:

- Referrals / referral process
- Marketing/ Communication
- WNYICC/CBO Capacity
- Escalation of incidents
- Provider outreach
- Billing
- Outcomes/ Reporting







IH Values Partnering with a Community Care Hub like WNYICC



Panel Discussion

Moderated by Jane Carmody, DNP, MBA, RN, FAAN
Senior Program Officer
The John A. Hartford Foundation





Learn More About the Business Institute

- Visit our website to learn more about the Business Institute: aginganddisabilitybusinessinstitute.org
- Learn more about our Consulting Program: https://www.aginganddisabilitybusinessinstitute.org/about/consulting-services/
- Still have questions? Email us: BusinessInstitute@usaging.org
- Stay connected, sign up for our bi-monthly newsletter: https://www.aginganddisabilitybusinessinstitute.org/subscribe-to-our-mailing-list/

