

For more information contact:

## Qualifications

- Any age Veteran
- Enrolled in the Sioux Falls VA Medical Center
- Needing nursing facility level of care
- \* Living in the community in one of these counties: Lac qui Parle, Yellow Medicine, Lyon, Lincoln, Pipestone, Murray, Cottonwood, Rock, Nobles, Jackson, or Martin

**Sioux Falls  
VA Medical Center  
2501 W. 22nd Street  
Sioux Falls, SD 57117  
605-336-3230  
Or 1-800-316-8387  
Extension: 6354**



**MN River Area Agency on Aging<sup>®</sup>, Inc.  
10 Civic Center Plaza  
Mankato, MN 56001**

**1-507-389-8860  
1-800-333-2433**



The Administration on Aging is a partner with the



## **Minnesota \* Veteran Directed Home & Community Based Services (VD-HCBS)**



***The care  
you've earned...***

**A partnership between the  
Veterans Health  
Administration and the  
Minnesota Board on Aging**

## What is VD-HCBS?

- VD-HCBS is a flexible service option that can help you with independent living.
- This VA benefit includes special funds that you can use to directly buy services and support that *you* say you need.
- A case manager helps you use the option, make a spending plan, and hire workers.
- A fiscal support entity provider helps you with the financial details and makes payments on your behalf.
- The VA community health nurse works closely with the case manager and helps you access other VA benefits you may need.



## What are the advantages of VD-HCBS?

- Flexibility, choice, control, and responsibility.
- You are in control of your services.
- You decide what help you need, when you need it, and who provides it.
- You can hire people that you know and trust — such as family, friend, or neighbor — to provide your care.

## What is my role?

You are responsible to follow the program rules and to use your budget wisely. You will make sure your workers are doing their job to your satisfaction. Always talk with your case manager to make sure you are getting what you need.



## What can I spend my budget on?

You decide what help you need to live independently at home. Here are some examples:

- Help with personal care, medications, and meals
- Rides, errands, housekeeping
- Memory care support
- Personal Emergency Response system
- Caregiver education, coaching, and relief care
- Modifying or maintaining your home so your living space works for you
- Goods to support your independence
- Adult day services